

# NUCOR Vulcraft

## Employee Assistance Program Summary

**BHS Exclusive Provider Network**  
**BHS Precertification/Medical Necessity Approval Required**  
**Free and Confidential Services for All Employees and Dependents**

### Employee Assistance Program

- Initial Assessment & 2 Visits Paid at 100% when BHS PPO Network is Used
- Available each Plan Year
- Available to all Employees and their Dependents
- Coverage for all In-Network Qualified/Licensed Professionals
- May be used for Legal and Financial Consultation, Elder Care Guidance, as well as Assessment and Counseling for other Individual and Family Issues

### Advantages

- Access to the BHS National Provider Network
- Coverage for Psychologists and Master's-Level Counselors
- Routine Appointments Scheduled Within 3 Days
- Face-to-Face Assessment on Every Case
- 24 Hours a Day, 7 Days a Week Access

### How do I Access the Program

Call BHS at 800-245-1150  
Your BHS Care Coordinator Will Assist You  
Visit the Website for Additional Resources  
[www.behavioralhealthsystems.com](http://www.behavioralhealthsystems.com)



**BEHAVIORAL HEALTH SYSTEMS**

Phone: 205-879-1150 Toll Free: 800-245-1150  
24 hours a day \* 7 days a week emergency access  
[www.behavioralhealthsystems.com](http://www.behavioralhealthsystems.com)

# BHS Employee Assistance Program Guide

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## Common Questions

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### 1. What is an Employee Assistance Program?

An Employee Assistance Program (EAP) is a professional service which provides confidential assessment, referral and short-term counseling services to employees for behavioral health-related problems including substance abuse.

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|------------------|--------------------|-------------------|
| ✓ Marital/Family | ✓ Depression       | ✓ Relationships   |
| ✓ Stress Issues  | ✓ Eating Disorders | ✓ Substance Abuse |
| ✓ Grief and Loss | ✓ ADHD/ADD         | ✓ Anxiety         |

### 2. How do I access the program?

Access is as simple as a phone call to BHS at **800-245-1150**.

A Care Coordinator will ask you necessary information and schedule an appointment with a provider that specializes in your particular area of concern. (Note: All services require pre-approval.)

### 3. Is the program confidential?

BHS protects your right to confidentiality as required by state and federal laws, unless the law requires disclosure or if you sign a release of information.

### 4. Is there a cost to use the EAP services?

No. The EAP is a benefit provided to you, at no charge, by your employer. All services that are authorized by BHS are covered at 100% and you do not have to process any claim forms.

### 5. What if I am not satisfied with the EAP services?

The goal of the EAP is to ensure that you receive the care that is needed for your specific situation. In the event that you are dissatisfied with the services provided, contact Clinical Services at BHS regarding the grievance process.

### 6. What if I need further treatment beyond the visits provided through the EAP service?

The BHS Care Coordinator will help with transition to your medical plan.

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## Things to Remember

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- ✓ Call BHS before you seek EAP services.
- ✓ Be prepared to give a BHS Care Coordinator basic information regarding your needs.
- ✓ BHS will refer you to a BHS-affiliated provider.

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## To Access Benefits

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- ✓ Call 800-245-1150
- ✓ Business hours 7:00 am - 5:00 pm CST
- ✓ 24 hours a day, 7 days a week emergency access